

### RIDER GRADES



# Complete Beginner

Lesson content learn how to mount, hold reins, rider balance, halting aids, walking and footfalls.

Change of Rein, steering.

Less to no trotting to ensure basics are met.

Parent/carer to assist in lesson.

#### Beginner Lead Rein

All as C

Working on trot (2 beats)

20m circles

Working more independently.

Knowledge of aids and tack.

Parent/carer to assist in lessons.

### Off Lead

All as C & C+

Unassisted.

Warming up and cooling down.

Tack check before mounting.

Parts of tack.

Points of the pony.

\* We always go back to basics in all graded lessons.

### Intro to Canter

All as C - B

Trotting without stirrups.

Sitting trot.

Trotting diagonals.

School shapes.

Poles.

Horsemanship.

Returning horse to stables.

### Canter

All as C - B+

Canter.

Transitions

Light Seat

Canter lead.

Dressage.

Riding in open. (summertime)

## Intro to Jump

All as C - A

Canter without stirrups.

Counter canter.

Laterals.

Scales of training.

Intro to jumping & hacking.

#### Intermediate Advanced

All as C – A+

Confident in all paces outside of the arena.

All as C – INT

Ability to ride up to 6hrs in the saddle cross country.

Able to ride all types of horses including green horses.

\* You may not always trot or canter in a lesson.